

## Final Piece Reflection

Inner Correspondence is a dance that explores the idea that journal writing forms our personal narrative. As I reflect on this piece, I don't quite feel as though I'm done with the topic I chose to explore. I feel satisfied that I created what I wanted to for this project, and I feel that this could be title of a whole show with certain aspects of my topic explored more deeply with each piece. This piece, though, utilized a talented dancer and ASL to help tell its story.

I am so grateful that I got to work with Ashley, for she was so open and willing to explore ideas and movement with me as we created this piece. One of the elements of this dance that we explored was sign language. The signs for "overwhelmed", "ghost", and "harmony" could be seen sprinkled throughout the piece. These signs represented some of the emotions of the piece, as well as some of the more intimate aspects of it that Ashley and I discussed during its creation. I get overwhelmed with all the good habits' members of the Church of Jesus Christ of Latter-day Saints are encouraged to engage in every day; however, my most consistent journal writing happened when I was in high school, and I started writing letters to my grandmother guardian angel. I wanted these experiences hinted at in this piece and felt that the use of ASL was the most appropriate way to help tell that story.

For this process, I had Ashley play a game of "I do this" with me until she generated some movement, we both really liked. That became our starting block, and the rest of the choreography was built from it and the concept.

I'd love to do another piece with this concept in mind using voices as the music, reading excerpts from a journal through time, exploring how that person's voice changed as they aged. I also think it would be interesting to create a piece about the frequency of writing utilizing silence and stillness. I have so much more to explore and can't wait for another opportunity to do so!